

Please see below some helpful information to assist you and your son to prepare for the upcoming season.

## TRAINING

- Training will start in week 4.
- U10's to U12's - Wednesday afternoons. 3:30pm - 5:00pm
- U13's - Monday and Wednesday afternoons. 3:30pm - 5:00pm
- U14's to Seniors -Tuesday and Thursday afternoons. 3:30 - 5:00pm
- Summer sport commitments take priority over pre-season rugby training.
- All players are to get changed after school and assemble at the Marcellin Hall grandstand in their age groups.
- All boys must have a mouthguard, boots and appropriate clothing at training sessions.
- PE uniform is NOT to be worn to rugby training.
- Each age group will train together as a squad until team selections are made in week 10.
- An integral part of playing sport is the preparation and training involved. All students representing Marist College are expected to honour the training commitments of their team.

## UNIFORM

- Jerseys, shorts and socks are available for purchase from the school uniform shop.
- All boys must wear football boots and a mouthguard.
- Year 4 boys playing U10's will receive a complimentary jersey. They will be advised by their team manager as to when this will be available for collection.

## PRE-SEASON GAMES

The schedule for pre-season games are as follows:

Date	Age Groups	Event	Venue
19 March 2022	U13 - Seniors	St Greg's	TBC
19 March 2022	U10-U12	Internal trial	Marist / Pearce
26 March 2022	U16, 1 <sup>st</sup> & 2 <sup>nd</sup> XV	St Stanislaus	TBC
26 March 2022	U13 - U15	Internal Trial	Marist / Pearce
2 April 2022	U13 - Seniors	St Joseph's	Hunters Hill
2 April 2022	U10 - U12	Vikings Gala Day	Gowrie
11-14 April 2022	1 <sup>st</sup> and 2 <sup>nd</sup> XV	Kinross Invitational	Orange
April School Holidays	U16, 1 <sup>st</sup> & 2 <sup>nd</sup> XV	Waverley College	Marist
16 July 2022	U15A U16, 1 <sup>st</sup> & 2 <sup>nd</sup> XV	St Augustine's	Marist

## VOLUNTEERS

Marist Rugby Club relies on the support of volunteers. All teams must have a coach, manager and first aid attendant. Without this support, teams are unable to play. If you are interested in becoming involved, please contact [registrar.maristrugby@gmail.com](mailto:registrar.maristrugby@gmail.com) The rugby club will pay for all costs associated with coaching and first aid training.

## TEAM SELECTIONS

Team selections are made in consultation with the coaching team, age-group co-ordinator and school Rugby Master. Please remember:

- Marist Rugby cannot take requests to play in teams with friends.
- You have registered your son to play Rugby, not to play in a certain position, team or age group.
- The Rugby Club and the Rugby Master will allocate teams to ensure maximum participation.
- Boys have registered in the age group they are turning that year. However, boys may be moved up an age to maximise participation and ensure numbers within age groups are sustainable. i.e. U14 boy in Year 9 (school peer group U15s) may be required to play in U15s. These decisions are managed by the club and school and communicated with families of the boys involved.

## SEASON DATES

7 April 2022 - Coaches and Managers Information Evening

7 May 2022 - Round 1 and Season Welcome and MRC 30th Anniversary Drinks.

3 September 2022 - Grand Finals

## COLLECTION OF SECOND-HAND RUGBY GOODS

This season at all home games there will be a collection bin at the canteen for families that wish to donate good quality second-hand rugby gear. Marist jerseys and shorts, boots and head gears would be welcomed.

If you or you know of any families that are experiencing financial hardship and could benefit from access to these second-hand items please contact your age coordinator or send an email to [registrar.maristrugby@gmail.com](mailto:registrar.maristrugby@gmail.com) . Please reach out if these items would be needed prior to the season starting and we will do our best to source them.

## SPEED CLINIC

There will be a specialised speed running clinic held on Sunday 27 February for all age groups across three sessions. Please keep an eye on the social media pages and your emails for further information. Places will be limited.

## CLUB INFORMATION

Please follow Marist Rugby Club on Facebook and Instagrams for updates. Also, remember that club emails will be sent to the address you have used to register your son until you can request an alternative with the team manager.

For any other questions please contact your age group coordinator:

U10 - Craig McMahon - [craigmcmahon@mcc.act.edu.au](mailto:craigmcmahon@mcc.act.edu.au)

U11 - Kelly Hill - [kelly@residentialreports.com.au](mailto:kelly@residentialreports.com.au)

U12 - Rodger - [rodgerp68@gmail.com](mailto:rodgerp68@gmail.com)

U13 - Chloe Stoddart - [cstods@icloud.com](mailto:cstods@icloud.com)

U14 - Dave Fraser - [mdvoice20@yahoo.com](mailto:mdvoice20@yahoo.com)

U15 - Luke Croker - [lukecroker@mcc.act.edu.au](mailto:lukecroker@mcc.act.edu.au)

U16 - Sally Shepherd [registrar.maristrugby@gmail.com](mailto:registrar.maristrugby@gmail.com)

Seniors - David Mead [davidmead@mcc.act.edu.au](mailto:davidmead@mcc.act.edu.au)